

# **Spiritual Warfare Prayer for Sleep**

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# Warfare Prayer

**Note:** It's best to mention the names of your children in the following prayer. Also, please take whatever parts of the prayer resonate with your spirit and fit with your convictions. We may all have different doctrinal beliefs, and that's okay!

Father, I ask that You would protect our sleep tonight. Would you set an angelic guard around our body, spirits, and souls? Would you protect our dream life? Would You arrest anything that would come against us tonight? Would you send confusion into the enemy's camp? (2 Chronicles 20:22)

Would You establish hedges of protection around us and our home? (Job 1:10)

I place the full armor of God on me and my children. I cover our heads with the helmet of salvation, our chest with the breastplate of righteousness, and our waist with the belt of Truth. I take up the shield of faith and wield the sword of the Spirit. I put on the shoes of Gospel peace. (Ephesians 6:10-18)

I declare that our sleep and dreams are under the authority of the cross of Jesus Christ. I declare that Jesus Christ disarmed and made a public spectacle of every power and authority that would come against us (Colossians 2:15). I declare that every weapon formed against our sleep and dream life will not prosper in the name of Jesus (Isaiah 54:17). I declare that every fiery dart of the enemy's is extinguished by the shield of faith (Ephesians 6:16). I declare that every power up against our sleep and dream life is disarmed in the name of Jesus (Colossians 2:15).

I bind every spirit trying to rob my sleep, affect my dreams, and attack me or my children in the night in the name of Jesus. I render every spirit neutralized by the cross of Jesus Christ. I overturn every assignment and destroy every blockage up against my sleep and my children's sleep in the name of Jesus.

I saturate our minds, our bodies, our spirits, and souls in the superior blood of Jesus Christ of Nazareth. I cover every bed, every pillow, and every room in the blood of Jesus.

I speak Psalm 4:8 over our sleep: we will lie down in peace and sleep in peace; the Lord makes me lie down in safety.

I declare that my God does not sleep or slumber, that He keeps watch over me and my children (Psalm 121:3-4). I thank You, Lord, that our sleep will be sleep tonight (Proverbs 3:24).